

SPORTS LEAGUE OFFICIALS ASSOCIATION
5 Vs. 5 INDOOR SOCCER LEAGUE (NO GOALIES)



OFFICIAL RULES

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OVERVIEW

5 PLAYERS ON THE COURT (COED 3 MALES/2 FEMALES)
TWO 20/22/25 -MINUTE HALVES (DEPENDS ON FACILITY)

RUNNING CLOCK

TIES DURING REGULAR SEASON STAY AS A TIE

PLAYOFF TIES DECIDED BY SUDDEN DEATH OVERTIME, THEN PENALTY SHOOTOUT

NEW RULE: CSSC RULES NOW ALLOW TEAMS TO PLAY A LEGAL GAME
SHORTHANDED WITH 4 OR 3 PLAYERS (COED: MINIMUM OF 1 FEMALE).

COIN FLIP/BEGINNING OF GAME

- The beginning of the game will start with the CSSC staff using an “odd/even,” or coin flip. The winning team will then have one of two options: kick-off or choose which goal to defend.

KICKOFF

- Consists of the ball being placed at midcourt. The ball must complete 1 full forward rotation before being touched by another player..

MEN’S RULES AND TEAM SIZE

- Each team shall field 5 players on the court at one time. CSSC rules now allow a team to play a legal game shorthanded with either 4 or 3 players. Teams may have as many players on their roster as they want. All rosters must be finalized by the second week of the regular season. Players added after the second week that are not on the team roster or waiver will not be eligible for playoffs.

CO-ED RULES AND TEAM SIZE

- Each team shall field 5 players on the court at one time (no more than 3 men.) **New Rule:** CSSC rules now allow a team to play a legal game shorthanded with either 4 or 3 players, with at least one female. Teams may have as many players on their roster as they want. There is no maximum limit on the amount of females on the court at one time. All rosters must be finalized by the second week of the regular season. Players added after the second week that are not on the team roster or waiver will not be eligible for playoffs.

FORFEITS

- Teams will have until 10 minutes past the designated start time to field a legal team. Shorthanded teams may play a legal game with a minimum of 3 players, (Coed at least one must be a female). Teams fielding less than 3 players or without at least 1 woman in coed will receive a forfeit. Teams may pick up players from other teams during the regular season in order to field a full team. Substitutes will not be allowed during playoffs.

SUBSTITUTIONS

- *Teams may substitute “on the fly.”* There is no limit on the amount of substitutions per team/per game. *NOTE in order to substitute a player the original player must be off the court/field before the new player enters the field of play. Any violation of this rule will result in a two-minute penalty where they must play a man down. During the course of the regular season teams are allowed to “pick up” players that are not on their roster in order to field a full team. In playoffs no non-roster players will be allowed to play.

TIME

- Play will be divided into (2) 20/22/25 minute halves (depending on the facility) separated by a brief halftime. There will be a running clock maintained by a referee. The clock will stop only during time-outs and injuries. Any delay tactics, (kicking the ball far out of bounds) will allow the referee (at his/her discretion) to stop the clock.

THE GAMES/SCORING

- Regular season games ending in a tie score will be recorded as tie games. Sudden death will be used in the playoffs.

RULES

- **NO GOALKEEPERS** - Teams will not be allowed to have a goalkeeper. Teams may guard goal, but may not use hands. If defensive team uses hands in front of their goal a penalty kick on an open goal 10 paces out will be awarded to the offense. The goal box will be an imaginary box one yard wide of each side of the goal and two yards in front of the goal determined by the referee if applicable.
- **PENALTIES** - All kicks will be direct kicks. The ball is to be placed at the point of the infraction and to be put in play by any player on the affected team. No opposing player is allowed to be within 5 steps of ball prior to kick. Goals **MAY BE** scored on direct kicks. A direct kick will apply to these infractions: (1) Charging (2) Roughness (3) Handball (4) Dangerous play/kick (5) Slide Tackles (6) Checking and (7) Excessive Hand Usage Against Wall. Any of the above infractions which the referee deems excessive will result in a **two minute** penalty assessed to that individual. During this penalty, his/her team will play down one player for two minutes or until a goal is scored against his/her team. Penalties incurred within close proximity to the goal (at the referee’s discretion) will be kicked from the point of infraction. The defense must stand half the distance between where the ball is being kicked from and the goal.
- **SLIDE TACKLEING** – Slide tackleing will not be allowed. Intentional slide tackles will result in a direct kick being awarded to the opposing team at the point of the infraction. Multiple violations will result in a two minute penalty awarded to the opposing team at the referee’s discretion and possible ejection from the game.
- **OFFSIDE** - There is no offside.
- **OUT OF BOUNDS** - Anytime the ball goes out of bounds, a direct kick will ensue. The person kicking in the ball must kick the ball in from the nearest point to the ball going out of play.
- **FIGHTING** – Fighting is not allowed and will **NOT** be tolerated. All parties involved in fighting will be subject to ejection from the game at the referees discretion and possible ejection from the league.

STANDINGS

- Standings will be posted online beginning the third week of the season.

PLAYOFFS

- Playoffs will follow the last week of regular season and will be single elimination.

- **SEEDING** – Teams will be seeded based upon a point system. Teams will be awarded 2 points for a win, 1 point for a tie, and 0 points for a loss. In most cases all teams will advance to playoffs as long as they are not in violation of the forfeit policy. **Note: In some situations the last ranked team in the league may not be eligible for playoffs. This will be decided on a league by league basis.*
- **PLAYOFF GAMES** – Playoff games will follow the same format during regulation time as the regular season. If teams are tied at the end of regulation time in the playoffs, then sudden death overtime will be used. A sudden death overtime will involve 2 men and 2 women from each team for a five-minute overtime (if shorthanded 1 female and 2 males maximum). If neither team scores after the sudden death overtime period, teams will go into a penalty shootout.

SHOOTOUT SPECIFICS:

1. Each team selects 5 players (Coed: 3 males, 2 females- if shorthanded referee will further explain specifics)- players don't have to have been playing at the end of regulation in order to participate in the shoot-out.
2. Teams will alternate taking direct penalty shots at an open goal from 20 paces off the goal line. (Coed: No guy/ girl shooting order is necessary)
3. If, after the 1st round, the game is still tied, 5 new players are selected (depending on team size, teams may use players from 1st round).
4. 2nd round is SUDDEN DEATH i.e. 1st player from Team A scores & 1st player from Team B misses, then Team A wins.

LEAGUE POLICIES

GAMES:

During the regular season one game will be played within time allotted (warm up time is included). Games will be divided into (2) 20/22/25-minute halves (depending on the facility) with a brief half-time break. During the regular season, no overtime will be used. The clock runs continuously during the game. Each team is awarded 1 time-out per game.

REFEREES:

The Chicago Sport & Social Club will provide a paid referee for each game. Referee's have the power to remove any player(s) from a game or the facility if deemed necessary.

FORFEITS:

If your team forfeits a match during the season, the following rules apply:

First Offense: Loss of game.

Second Offense: Loss of game and staff reserves the right to remove team from playoffs.

Third Offense: Removal from the league

Any team that forfeits more than once also forfeits any guarantee or right to a certain number of guaranteed games.

If you know in advance that your team is going to forfeit a game, we encourage you to call our office so as to help us schedule a game for your opponent. This does not mean that your team will not receive the loss as a forfeit.

Teams have until ten minutes past the designated start time to field a full squad (or the league minimum of players required according to rules.) If at that time a team is unable to field a legal team, it will be up to the staff and the opposing captain to determine whether a team will receive a forfeit win or if a team will allow the opposing team to play a legal game with less than league minimum number of players required.

STANDINGS:

The updated standings will be posted weekly starting after the third week of play. The standings will display each team's rank within its skill level. Rank is based on a points system. Teams will be awarded 2 points for a win, 1 point for a tie, and 0 points for a loss.

PLAYOFFS:

Playoffs will begin immediately following the end of the regular season and will typically last between 2 and 3 weeks. After teams have been seeded according to their records all captains will receive an email or call (if possible) with the 1st week of playoff game times roughly 3 days before their league. **Teams will not receive a call for any other weeks of playoffs!** It is responsibility of **ALL TEAMS** to check the playoff brackets online to find out what time they will be playing the following week if they win. In the playoffs it is not uncommon, (and in some cases will be necessary), for teams to have more than one match in a given night. No substitutes will be allowed during the playoffs. All players must have signed the waiver by the second week of the season in order to be eligible for playoffs. Playoff eligible teams will be determined on a league by league basis. Teams that have violated the forfeit policy during the course of regular season will not be eligible for the playoffs. In certain situations teams at or near the bottom of the standings may not advance to the playoffs. Check with a CSSC league coordinator to see if this applies to your league. Playoffs are single elimination..

Seeding: Teams are seeded according to total points and strength of schedule. Teams may be dropped from their regular season level based on the above criteria. Teams may play more than one game per day/night, and/or play games on days/nights other than your regularly scheduled league day/night if necessary. CSSC reserves the right to schedule playoff games on days other than teams regularly scheduled league night.

WAIVERS:

In order to participate in the league, each participant must sign the team waiver. Waivers are provided at the facility and must be completed before participation. Players not present the first week of play will still be required to sign a waiver with our staff before participating. Players must sign the waiver in order to be eligible for playoffs.

PLAYER ELIGIBILITY:

Any questions regarding rules, policies, or eligibility of players must be addressed before the start of the game. Any team that would like to challenge the eligibility of an opposing player must do so before the start of the game. Players who have been placed on the roster and signed the waiver are eligible for playoffs. A formal protest may be filed before a game if an opposing player's eligibility is in question. The player in question will be required to provide his/her player information (name, address, phone #, signature) in writing to a CSSC staff member prior to the start of the game. This qualifies as an official protest. Any protest made during a game or after a game will NOT be considered a formal protest. The game will then be played in its entirety as

scheduled. Teams will be notified of all rulings on the identified eligibility discrepancy by the following business day – decisions will not be made on site. If the protest is proven to be legitimate, it will result in the forfeiture of the game in question. Games subsequent to the protested game may be rescheduled. The above procedure will also apply for any other “logged” protests. All rulings by CSSC staff are considered final.

SPORTSMANSHIP:

The idea of CSSC is to have fun. We hope that all participants keep that in mind when becoming involved. Although the games may become intense, you still can be competitive while maintaining good sportsmanship. With this being said, any behavior deemed unacceptable by staff may result in suspension and/or ejection from a game or the league. Abuse of officials/ referees and other staff will not be tolerated. CSSC reserves the right to remove a player from a game or a league if they are considered to be bringing down the quality of the league. CSSC will not tolerate fighting! Fighting will be an automatic ejection from any game and in most cases ejection from the league for the remainder of the season.

STAFF:

To coordinate and run the league, the officials and/or staff will be available at all times to help the league run as smoothly as possible. If you have questions regarding schedules, policies, rule interpretations, directions to the sponsor bar, etc. please ask.

LEAGUE CANCELLATION/RAINOUT:

Leagues may be cancelled due to extreme weather conditions, dangerous or unplayable field conditions, facility constraints, etc. CSSC staff makes every effort to play all scheduled games, thus we will not cancel games until absolutely necessary. Therefore, if you are calling concerning a decision on a cancellation, remember we will not have an answer until close to the start of the league. If the league is cancelled, CSSC staff will change the weather hotline immediately. CSSC will then call all of the captains to let them know (if possible). It is then the captain’s responsibility to inform all teammates of the cancellation. If a league is cancelled on site, CSSC staff will attempt to contact those teams still scheduled to play the remainder of the league day/night. Depending on the time of cancellation, some teams will have to be notified on site. If we do cancel, follow the next week’s schedule (ex. If April 13th is cancelled teams should follow the April 20th schedule for their next game). The games that are cancelled will be made up towards the end of the season if time allows. In extreme circumstances, CSSC reserves the right to run a shortened season without a refund. CSSC reserves the right to move games or weeks to an alternative location when deemed necessary without compensation. CSSC also reserves the right to schedule games on days other than your regularly scheduled league day/night if necessary.

PRIZES/ JERSEYS:

Each team will receive a pre-bundled set of colored jerseys with various sizes. Teams are required to wear these shirts during league play. Additional shirts and sizes can be purchased from the CSSC for an additional charge. The top teams in each division will receive a prize of great emotional, spiritual, and most importantly, social value.

These policies are designed to make the league run as smoothly and safely as possible, and provide continuity for its participants. Each player in the league is responsible for this information: please advise your team of these rules and thanks for playing.