

CHICAGO scene the premier entertainment guide
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SETS ON THE BEACH AND SO MUCH MORE...

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FITNESS SCENE

If playing the field and getting to second base sound like cheesy pick up lines to you, then get your mind out of the gutter and think spring sports leagues. Chicago's lake-front is home to the largest adult sports leagues in the world, and signing up is as easy as grabbing some friends or co-workers, picking a sport, choosing a day to play, and registering.

Co-ed sports leagues are the perfect way to be active and stay in shape, while having a good time and making new friends. **Chicago Sport and Social Club** offers nightly leagues at most neighborhood parks and gyms, and just about every team sport is offered. There are also individual activities, which range from kayaking and rock climbing to fun dance classes. The leagues usually play for an hour a week and include everything from indoor volleyball, basketball, soccer, dodge ball, and floor hockey to outdoor football, softball, and kickball. The games are almost all co-ed, which means hitting on someone can actually be considered playing defense and you still may have a great chance of scoring.